



# WARRIOR WORLD

ST. FREDERICK HIGH SCHOOL

Send all questions and email checkout requests to: [office@stfrederickhigh.org](mailto:office@stfrederickhigh.org)

## Calendar of Events: Nov. 1-5

**\*Dress is regular uniform unless otherwise stated\***

### Monday-11/1-Regular Schedule

5:-00pm-JH Girls Basketball vs. River Oaks (H)  
6:00pm-JH Boys Basketball vs. River Oaks (H)

### Tuesday-11/2-Regular Schedule

8th Grade Retreat –all day  
Warriors Well-Read Book club-HS lunch  
4:00pm-JH Girls Soccer vs. Good Hope (H)  
5:00pm-JH G/B Basketball vs. Beekman Charter (A)  
5:15pm-JH Boys Soccer vs. Good Hope (H)

### Wednesday-11/3-Mass Schedule/Mass Uniform

8:15am-Parent Prayer Warriors meet in chapel  
9:18am-Mass

### Thursday-11/4-Activity Schedule

2:20pm-Pep Rally in gym  
4:00pm-Cross Country @ Ruston High meet  
4;00pm-JH Girls/Boys Soccer vs. Sterlington (A)  
7:00pm –V. Football vs. Delta Charter (H)

### Friday-11/5– NO SCHOOL

NO SCHOOL (PA raffle goal exceeded!)

## Weekly Menu

Monday-Gumbo & Rice, Broccoli, Glazed Carrots, Roll  
Tuesday-Lasagna, Southwest Corn , Mixed veggies, roll  
Wednesday-Fried Chicken, Mac & Cheese, Vegetable, Roll  
Thursday-Teriyaki Chicken, confetti rice, vegetable , Roll  
Friday-FFF-NO SCHOOL

## REMINDERS & UPCOMING EVENTS

**11/4-Pep rally Theme “ESPN Game Day”**

**11/4– Senior Night at the football game**

**11/5-Deadline to register for Dec. 11 ACT**

**11/8-Replenishment Blood Drive for Angela Rushworth at school-more info to be emailed**

**11/16– 9th grade Retreat**

**Join School Messenger to receive  
school text messages!**

Listen to the Warriors on  
99.7-The Legend

Students, parents and faculty can now join school messenger by texting “YES” to 67587. Stay abreast of the latest information through text messaging! Check your email for more information.