



SAINT FREDERICK HIGH SCHOOL



3300 Westminster Avenue • Monroe, Louisiana 71201
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2025-2026 School Profile

CEEB/ACT Code: 191-835

IB School Code: 061810

Principal: Dr. Carynn Wiggins (cwiggins@stfrederickhigh.org)

Assistant Principal: Pat Murphy (pmurphy@stfrederickhigh.org)

IB Coordinator/Guidance: Adam Ryland (aryland@stfrederickhigh.org)

Registrar: Rhonda Davis (rdavis@stfrederickhigh.org)

Location:

St. Frederick High School is located in Monroe, Louisiana, the birthplace of Delta Airlines and Lumen, a Fortune 500 company. Monroe is a thriving community with a population of over 50,000 people. Often referred to as "The Twin Cities," the Monroe and West Monroe area has over 63,000 residents. Monroe is an economic, educational, and medical hub for Northern Louisiana. In Louisiana, the Monroe metropolitan area is expected to see the largest percentage of job growth over the next few years, thanks to public and private partnerships and cooperation at the local, regional, state, and federal levels. Our city is the home of the University of Louisiana Monroe (ULM) and Louisiana Delta Community College.

History:

From its 1964 groundbreaking and dedication in 1965, St. Frederick has served the community in northeast Louisiana. St. Hyacinth Academy, founded in 1864, served the community until St. Matthew School was built in 1927. In 1960 the grade school moved to Jesus the Good Shepherd School. The location of St. Matthew's was unsuitable for any growth and modernization, making the prospect of a new Catholic high school appealing to the students of St. Matthew's and area Catholics.

Integrating Catholic Education:

In the late 1960's, at the height of the Civil Rights movement, a decision was made to close the High School division of Little Flower Academy, the African-American Catholic School in Monroe, and encourage its students to attend St. Frederick. Considering the time in which this consolidation occurred, the Franciscan sisters chose to do what was morally right in the face of some opposition. The Franciscan Sisters of Our Lady of Perpetual Help, which staffed Little Flower, agreed to serve as staff at St. Frederick High School. The result was an integrated Catholic education true to the Church's teachings.

Mission & Philosophy:

The mission of St. Frederick High School is to strengthen young minds for a brighter future by promoting college preparatory academics, servant leadership, and cultural awareness in a Catholic environment centered around Jesus Christ. We are striving to create a vibrant Catholic community of individuals who are working to attain their fullest potential spiritually, socially, intellectually, emotionally, and physically.

International Baccalaureate:

St. Frederick is an IB World School and was authorized for the Middle Years Program (MYP) in October of 2023. We are currently seeking authorization for the Diploma Program (DP). The IB curriculum is open to all students in grades 7-12, and students in all grades are encouraged to reflect the Learner Profile traits. Our faculty is actively participating in professional development across all grade levels, and their coursework reflects this training.

St. Frederick is currently developing coursework for Diploma Level coursework and is the first U.S. participant in an IB pilot program designed to allow schools to offer DP classes prior to authorization. Three courses – IB Literature, IB History, and IB Biology – are currently offered as part of the Louisiana Pilot, with courses in development for IB Spanish, Visual Arts, and Math beginning in the fall of 2026. These courses are available to students in grades 11-12 and are designated as 'IB' on the transcript.

Curriculum:

St. Frederick's academic program is on an 8-period schedule with daily classes lasting 47 minutes. St. Frederick High School strives to offer the highest caliber education possible and has articulation agreements with ULM and Louisiana Tech University to offer many classes for dual enrollment. These classes are designated as 'DE' or 'HD' on the transcript. DE, AP, and Honors courses are weighted one quality point.

Dual Enrollment (DE):

Dual Enrollment classes are offered in College Algebra, Trigonometry, Probability & Statistics, Chemistry, Physics, Biology, English Composition, American History, World History, Fine Art Survey, Spanish, and the following courses online: Art Appreciation, Medical Terminology, Psychology, Developmental Psychology, Enjoyment of Music, Sociology, and Speech.

AP and Honors (AP and H):

AP exams are offered in all major subject areas, including English, History, Sciences, Math, Art and Spanish. Honors classes are offered in Algebra I & II, Pre-Calculus, Calculus, Geometry, Physical Science, Physics, Anatomy and Physiology, Biology I & II, Chemistry I & II, English I-IV, Civics, American History, World Geography, World History, Fine Art Survey, and Spanish I-V.

Rank and Grade Point Average (GPA) Calculation:

St. Frederick does not rank except in the case when a student is first in the class according to Weighted GPA, and results are not official until the completion of senior year. Beginning with grade nine, all subjects, whether passed or failed, are included in the computation. High school credit earned in junior high will appear on a student's 9th grade transcript. All grades are based on a 10-point scale, and a minimum of 24 credits are required for graduation. In addition, each student must complete a community service graduation requirement.