



(318) 323.9636 • (318) 323.7456 (fax)
3300 Westminster Avenue • Monroe, Louisiana 71201 • www.stfrederickhigh.org

CROSS COUNTRY SCHEDULE

2018

9-8-18	Choudrant High School Gospel Training Center	8:00 a.m.	High School/Jr. High
9-15-18	Parkway High School/Border Dash	9:00 a.m.	HS/JH
9-22-18	Open		
9-29-18	Cedar Creek/Lincoln Park	8:00 a.m.	HS/JH
10-4-18	Grace Episcopal Chennault Park	3:30 p.m.	JH
10-6-18	Miss. College/Watson Ford Choctaw Trails	9:00 a.m.	HS/JH
10-3-18	Ruston High School La. Tech Farms	8:00 a.m.	HS
10-20-18	NSU Pre State Meet	9:30 a.m.	HS/JH
10-27-18	Open		
11-12-18	State Meet	TBA	