



St Frederick High School

April 2018 Menu

MONDAY 2-Apr	TUESDAY 3-Apr	WEDNESDAY 4-Apr	THURSDAY 5-Apr	FRIDAY
No School	Hamburger Corn Carrot Souffle Roast Beef Sandwich	Chicken Tenders Mac & Cheese Green Beans Grilled Chicken Breast Sandwich	Lasagna Casserole Green Peas Corn Hamburgers	
MONDAY 9-Apr Sausage & Chicken Jambalaya Rice Green Beans Turkey Sandwich	TUESDAY 10-Apr Meat Pie Baby Carrots Corn Fried Chicken Breast Sandwich	WEDNESDAY 11-Apr Baked Chicken Au gratin Potatoes Green Peas Grilled Chicken Breast	THURSDAY 12-Apr Chicken Tenders Broc & Rice Lima Beans Hamburgers	FRIDAY
MONDAY 16-Apr Salisbury Steak Mashed Potatoes Corn Turkey Sandwich	TUESDAY 17-Apr Hot Dog Green Peas Mac & Cheese Roast Beef	WEDNESDAY 18-Apr Chicken Tenders Cajun Rice Green Beans Grilled Chicken Breast	THURSDAY 19-Apr Southwest Chicken Au gratin Potatoes Broccoli Hamburgers	FRIDAY
MONDAY 23-Apr Chicken Tenders Mac & Cheese Green Beans Turkey Sandwich	TUESDAY 24-Apr Sausage Red Beans Rice Lima Beans Fried Chicken Sandwiches	WEDNESDAY 25-Apr Blacken Chicken w/Pasta Broccoli Grilled Chicken Breast	THURSDAY 26-Apr Chicken & Dumpling Carrot Souffle Corn Roastbeef	FRIDAY
MONDAY 30-Apr Hamburger Corn Broc & Rice Grilled Chicken				